

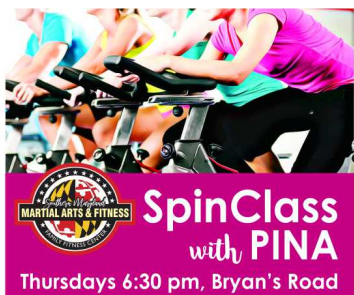
# JUNE 2021 - BRYAN'S ROAD SCHEDULE - GROUP X



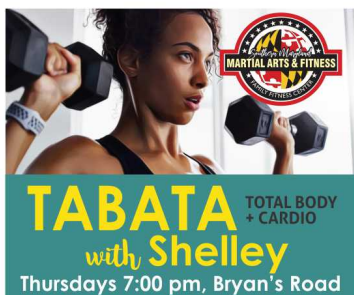
**Total Body w/Shelley**  
Mondays at 6 pm - Bryan's Road



**Fit & Tone w/Veronica**  
Wednesdays - 7:15 pm in Bryan's Road



**SpinClass with PINA**  
Thursdays 6:30 pm, Bryan's Road



**TABATA TOTAL BODY + CARDIO with Shelley**  
Thursdays 7:00 pm, Bryan's Road



**Fit & Tone w/Veronica**  
Saturdays at 8:30 am in Bryan's Road

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June		1	2 7:15 PM Fit & Tone with Veronica	3 6:00 PM Spin with Pina	4	5 8:30 AM Fit & Tone with Veronica
6	7 6:00 PM Total Body with Shelley	8	9 7:15 PM Fit & Tone with Veronica	10 6:00 PM Spin with Pina	11	12 8:30 AM Fit & Tone with Veronica
13	14 6:00 PM Total Body with Shelley	15	16 7:15 PM Fit & Tone with Veronica	17 6:00 PM Spin with Pina	18	19 8:30 AM Fit & Tone with Veronica
20	21 6:00 PM Total Body with Shelley	22	23 7:15 PM Fit & Tone with Veronica	24 6:00 PM Spin with Pina	25	26 8:30 AM Fit & Tone with Veronica
FATHER'S DAY!	27	28 6:00 PM Total Body with Shelley	29	30 7:15 PM Fit & Tone with Veronica	1 6:00 PM Spin with Pina	2 8:30 AM Fit & Tone with Veronica
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We can't wait to meet to help you plan and attain your goals!**